



**MindWorks**  
THERAPY TRAINING

Practitioner's Diploma in  
**Hypnotherapy**

Accredited by the

General Hypnotherapy Standards Council

**GHSC**  
General Hypnotherapy Standards Council  
**Accredited Training**



**MindWorks**  
THERAPY TRAINING

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## Introduction

Thank you for your interest in the MindWorks Hypnotherapy Practitioner's Diploma course.

Many people are opting to take new or additional directions with their career choices, and personal development, and are doing so more than ever in times of uncertainty.

Hypnotherapy is a fascinating subject, and can be extremely rewarding; not only as a full-time profession but also part-time – such as alongside an existing career or perhaps a new direction - such as alongside semi-retirement.

At MindWorks we want you to enjoy learning with us and be very successful.

MindWorks (Est. 1995) have delivered high-quality training for over 25 years, with students attending from all over the UK, and overseas.

The course is continually updated to reflect new developments in the therapy field. We strive to keep you occupied and interested, with every minute filled with diverse teaching/learning experiences including; plenty of practical demonstrations, practical sessions, interesting and informative interactive presentations, group/pair exercises and video presentations.

You will begin to learn how to use Hypnosis from the very first day, guided and assisted by our tutors, with smaller breakout groups..

The course offers a friendly and professional approach to learning - our aim is to provide you with an integrative approach, and equip you with the skills and tools needed to work with a variety of client issues including:-

**Stopping Smoking - Fears and Phobias**  
**Stress-related conditions - Building Self Esteem/Confidence**  
**Weight Control - and many other issues**

You will practise your skills extensively with other learners on the course, so please be prepared for change.

We believe that we are one of the only hypnotherapy courses of its kind, ensuring you are not only taken through a thorough experience of being a 'practitioner' and, are also taken through the client experience during practise – essential training for practising upon the general public.

We believe your class time should be spent applying the practical aspects of what you are learning, and your reading undertaken at home.

**Early Bird Offer – only for a Limited Time**  
**Save over £700 off Standard Payment**  
**Book and pay in full – only £1295.00**

## Course Duration

The course is based over a period of approximately 9 months comprising various **weekend-based live training** dates.

Course dates are normally scheduled away from local school and public holidays as much as is possible.

**Please see our full schedule of course dates, which are listed later in this Course Guide**

## Course Times / hours

The Course includes 120 hours of face-to-face tuition time. The course runs over **18 days** at various **weekends** with **live interactive training** on-line via Zoom (Module 10 weekend is a “hybrid” training – giving you opportunity to attend and practise your skills in person, or attend on-line if preferred.)

Course days commence at 9.15am and finish at 5.00pm

There is a break for 45 minutes for lunch, with a morning and afternoon comfort break – each of 10 minutes duration.

## Course Materials

The course notes are extremely comprehensive and easy to read, and we believe in eliminating ‘jargon’ wherever possible! You will receive course notes for each module in advance – affording you time to read through prior to each module.

Feedback from our learners is that receiving course notes in this way is extremely useful, and excellent preparation for the forthcoming modules.

## On-going Course Support

In addition to support during our class-time, we offer full on-going support during the course by email or phone at no extra cost. After the course is completed, should you have further queries, support is available by email or phone.

Additionally; Supervision (a supportive process for the therapist) can be accessed along with Continual Professional Development training if required, at a substantially discounted rate for MindWorks trainees and graduates.

## Course Completion

In addition to full on-going support, we also offer graduates opportunity to join the Guild of MindWorks Practitioners - offering you one-to-one and Group Supervision after course completion if required – this is provided at a special discounted rate for MindWorks graduates.

## Course Format

Our next available course will be held Live online via Zoom. (with optional bonus in-person weekend). Please be aware this is not a webinar and is **live interactive practical-based training**, covering all course content, all demonstrations, and practical breakouts in just the same manner as the classroom-based version of this course.

Since 2020 MindWorks have been successfully running the course on-line with Zoom providing breakout rooms for practical work - in the same way as we have been delivering the training in person since 1995.

Offering the course in this format has proven useful with many benefits for our learners such as; saving on travel time, and of course saving on travel expenses/fuel and accommodation - particularly if living at a distance.

### **\*\*Bonus Practical Weekend\*\***

You will also have the option to attend the **additional bonus practical weekend** in-person if you wish.

## Course Tutors

**Principal and Lead Course Tutor, Jason Fletcher** has a long-standing background in the well-being industry for the last 25 years. He is highly experienced; both as a hypnotherapy practitioner for 20 years, and as a qualified trainer.

Jason also qualified as a teacher/trainer of adults in 2000, and has over 20 years of experience providing therapy training to adults in both the private and public sector – his aim is to facilitate a high-quality learning experience that is thorough, effective, and enjoyable - with time for light-heartedness and humour.

Prior to 15 years delivering hypnotherapy practitioner training, Jason also has vast experience in teaching other practical-based subjects – a key factor in ensuring that MindWorks courses are run with smaller group numbers – which we believe is an essential approach for practical-based trainings.

In addition to running a successful practice in Notts/Derbyshire and online, Jason is a qualified therapy Supervisor - providing supervision to other practitioners, and also has trained many other experienced practitioners for the advanced role of therapy supervisor.

He has been awarded the Senior Qualification in Hypnotherapy Practice through the General Hypnotherapy Standards Council and has been awarded the title, 'Fellow' of the National Council of Psychotherapists.

Included among numerous additional trainings, Jason has undertaken specialist skills training for assisting his client's in resolving challenges resulting from adverse childhood experiences – including trauma and abuse.

**Lead Course Tutor, Sue Grainger** runs busy hypnotherapy practices in Nottinghamshire and Derbyshire. Sue is a qualified Family Support Worker and Nursery Nurse with over 20 years experience of working with children and families on a range of issues from sleep to teenage issues.

Sue has previously worked within the local authority, voluntary sector and the NHS. She has a special interest in using hypnosis and NLP techniques with children and young people, and is a Hypnotherapy in Schools Practitioner.

Sue has undertaken specialist skills training for resolving trauma and abuse issues. She is a member of the National Council of Psychotherapists and General Hypnotherapy Register and as a qualified therapy supervisor, offers individual and group supervision, as well as delivering specialist therapy workshops.

**Course Tutor**, Serena Bostock has enjoyed a rich and varied career within the Health and Social Care industry for over 18 years - managing projects, facilitating & teaching sessions, plus working one to one with vulnerable individuals, to help them make positive changes in their lives.

Serena trained and qualified with MindWorks focusing on 'Creating Space for Women to Thrive.' Through her practice, she uses Hypnotherapy to help her clients build confidence, improve low moods, break negative thought patterns and increase motivation.

## Aims of the Course

To provide an integrative and thorough approach, delivering professional training in the field of Hypnotherapy: - including support, supervision and guidance in setting up and running a successful practice, and to foster awareness of self and others.

## Who is Eligible?

There is no upper age limit – from 18 upwards.

Prior academic qualifications are not required. We see personal qualities including commitment, flexibility, and integrity as being more important. A **Hypnotherapy Practitioner's Diploma** will be issued, based upon continual assessment and successful completion of the assessment portfolio.

3 additional certificates will also be received after course completion:-

- ✓ Certificate in Smoking Cessation
- ✓ Certificate in Stress Management
- ✓ Certificate in Weight Management

You are required to abide by the ethics of the General Hypnotherapy Register and undertake not to see clients without the appropriate professional indemnity insurance.

Be assured, this course is designed to help you achieve your aims but it should not be seen as a soft option. Please be prepared to commit to both theoretical learning and practical experience.

You will need to manage your personal study time effectively, to work around the scheduled course dates. Remember, help is available through our ongoing course support.

The training days focus upon practical work – therefore, the practical sessions are a key part of the training.

On-going course support by email/phone is available throughout the course, and after the course has been completed, for as long as is required.

Due to the highly practical and experiential nature of the course, you will be offered the opportunity to work with some of your own personal material during practical sessions if you wish.



## Feedback from our Graduates

"The class size is superb - I felt that whenever anyone needed a bit more individual attention, it was easily available"

"The supervision outside and after the course has also been fantastic - I never expected to be able to contact tutors outside the normal 'office hours' and be able to get not only a response of any kind but also useful feedback so quickly!"

"The only thing that remains is to say 'thank you' for being so supportive - I have already recommended the course to others"

**Dawn**

"Absolutely wonderful course that is professionally delivered. A perfect training course for someone who wants to become a hypnotherapist.

Not only was the course in-depth, it was enjoyable too!"

**Thomas (attended Live Training online)**

"Excellent. I would thoroughly recommend this course to others - this is the "no-nonsense" course that turns out therapists that are "doers".

**Damon**

"Jason is a highly knowledgeable, dynamic, passionate tutor who makes learning both interesting and fun, he is a considerate and clear communicator"

"The course content covers both varied and essential topics, the content giving us, the students opportunities for practise and applying the skills and knowledge we gained".

"I would have no hesitation in recommending the course"

**Juliet**

"The whole course was amazing and outstanding, far exceeded my expectations. Excellent, professional, really good all round."

**Laura (attended Live Training online)**

"I enjoyed the Practical Revision Clinics - they were a good opportunity to practise different scripts, tools and techniques in a safe and encouraging environment. I enjoyed the mix of presentations and breakout sessions to deliver the theory. Overall I thought the support of tutors and fellow students was fantastic - it was a great learning environment. Well-structured course with good handouts/course materials and delivered by experienced and approachable tutors."

**N.R. (attended Live Training online)**

"Amazing from start to finish and everyone was so friendly and encouraging on this journey. So much useful and brilliant course material."

**Phoebe (attended Live Training on-line)**

"After many years of being away from a working and studying environment, I had lost a lot of confidence and felt my brain cells had deserted me. I needn't have worried. Jason offered a friendly and supportive environment in which to learn."

"I have wanted to study hypnotherapy for over twenty years and I am so glad that I chose MindWorks to achieve this ambition. Not only have I gained the knowledge and experience needed to become a hypnotherapy practitioner, but I have personally changed dramatically from the person I was back in October. This is due to the content of the course, the friendships I have made with my fellow student therapists and the support and guidance. I would not hesitate in recommending MindWorks. Thank you so much"

**Leigh**

"Any fears I may have had at the outset were soon dismissed by Jason's professionalism and enthusiasm for teaching the subject. I felt it was really useful to get straight into trance induction as this alone gave confidence that what we were going to learn was not only going to be effective but fun as well"

**Noel**

"The content is informative, relevant and not too challenging to learn and understand. A fantastic course, eye-opening, and very highly recommended. Jason and all the tutors are very professional, friendly, and considerate to everyone's needs and abilities."

**A.S. (Attended Live Training online)**

"Definitely one of the best courses to be on as it is really informative, well-structured and tutors made sure you have proper understanding of what you are learning. The tutors are also very approachable! Brilliant, eye opening and met some fabulous people! recommended!"

**H.W. (Attended Live Training online)**

"I enjoyed every bit of the course the practical and the theory and the passion all tutors have to teach. Go for it you won't regret it! Enjoyed it, and will be a very good memory for life."

**Lascelles (Attended Live Training online)**

# Course Outline

Below is an outline of the main course content. In addition to the training days - which incorporate **plenty of demonstration and practise time- you will also experience several 'practical revision days'** to ensure you receive plenty of **additional practice** of your new skills working in pairs or trios throughout the course in breakout rooms.

## Module 1

- ✓ Course Induction and overview
- ✓ The Levels of Mind
- ✓ What is Hypnosis?
- ✓ The Physiology of Hypnosis
- ✓ Suggestibility
- ✓ The History of Hypnosis
- ✓ When not to use Hypnosis and who not to Treat
- ✓ What conditions respond best
- ✓ Signs of hypnosis for therapist and client
- ✓ Direct and Indirect Suggestion
- ✓ Utilising the voice for induction
- ✓ Trance Inductions:- Basic Induction, Safe place and Awakening

## Module 2

- ✓ The methods of Milton Erickson, Bandler & Grinder and Dave Elman
- ✓ Metaphor
- ✓ Direct and indirect inductions:- Fractional Induction
- ✓ Rapid Trance Inductions:- Eye Breath/Conversational Inductions
- ✓ The power of suggestion
- ✓ Time distortion
- ✓ Meeting the client – Initial Consultation
- ✓ How to take a history and how to listen

## Module 3

- ✓ Rapid Inductions:- 'Elman-Style' & 'Matching' Inductions
- . Clean Language
- . Transference
- ✓ Sensory Acuity
- ✓ Eye-accessing cues
- ✓ Setting Treatment Goals
- . Well-Formed Outcome
- ✓ Delivering effective Suggestion Therapy
- ✓ Deepeners

## Module 4

- ✓ Counselling Skills
- ✓ Active Listening
- ✓ Body Language
- ✓ Constructing hypnotic suggestion:-
  - ✓ Utilising questions in hypnosis
  - ✓ Ericksonian Binds
  - ✓ Constructing and Delivering 'Metaphor' suggestions
  - ✓ Script writing development
- ✓ Symptom Substitution
- ✓ Verbal and non-verbal pacing and leading
- ✓ How the client processes information
- ✓ Introducing Guided Imagery to the client

## Module 5

- ✓ Introducing NLP
  - Reframing
  - Reframing with Six Steps
  - Internal Representations
  - Perceptual Positions
  - Association and Dissociation
  - Phobia and Trauma Desensitiser
- ✓ Fears and Phobias
- ✓ Parts Therapy
- ✓ Ideo-motor responses
- ✓ The importance of Beliefs and, their origins
- ✓ Exploring Record Keeping + Data Protection

## Module 6

- ✓ Further NLP
  - Anchoring
    - Setting & Collapsing anchors
    - Voluntary & Involuntary anchors
    - Pattern Interrupt
  - New Behaviour Generator
  - Future Pacing
  - Specialised NLP techniques to address Cravings

## **Module 7**

- ✓ Accessing previous trance states
- ✓ Teaching self-hypnosis
- ✓ How to create optimal audio recordings for clients
- ✓ Specialist approaches for Stop Smoking Therapy
- ✓ Models and strategies for session planning
- ✓ Specialist approaches for Weight Management
- ✓ Suggestion and Chevreul's Pendulum
- ✓ Models of Therapy – tailoring every session to the client  
Swish Pattern

## **Module 8**

- ✓ Specialist approaches for Stress Management for Self and Clients
- ✓ Addressing Panic Attacks
- ✓ Hypnosis and NLP in Sports and Performance
- ✓ Exploring the Mind-Body Connection
- ✓ Additional Imagery based techniques
- ✓ Specialist Approaches for Pain Management
- ✓ Analytical Hypnotherapy/Regression/Affect Bridge – Part I

## Module 9

- ✓ Setting up in Practice
- ✓ Exploring why promoting a health-based service such as Hypnotherapy is vastly different to promoting any other form of business
- ✓ Unique approaches for promoting your practice without 'selling'
- ✓ Promoting your practice to individuals and groups
- ✓ Working Collaboratively with other professionals
- ✓ Working with Children
- ✓ Practice Management
- ✓ Website & Social Media
- ✓ The Law
- ✓ Insurance
- ✓ Professional Ethics
- ✓ Affect Bridge – Part II – The Informed Child

## Module 10

- ✓ Other specialised approaches including:-
- ✓ Working with the Informed Child
- ✓ Advanced methods of Parts Work
- ✓ Introducing Past Life Regression
- ✓ Beliefs Change process
- ✓ Anger Management
- ✓ Case Management
  - ✓ Incl. Exploring Record Keeping and Data Protection (Incl. GDPR regulations)
- ✓ Case Studies
- ✓ Portfolio Completion
- ✓ Overviews of:-
  - Joining a professional body
  - The importance of maintaining Supervision + Formal and Informal Supervision options
  - Continual Professional Development (CPD)
  - Ongoing support

## **Assessment and Portfolio**

On-going practical assessment will take place during the course and homework/case-study assignments will be given – much of the theory assessment is based around; ensuring you are progressing with each module we cover, to encourage self-awareness, and that you are fostering mindfulness of working with clients. Remember, help is only an email or telephone call away outside of class time.

As we have said, we believe personal qualities are more important for joining this course than academic qualifications.

For some people assessments and 'homework' may appear to be a scary prospect; don't worry, we are here to help, because we want you to be very successful.

Upon successful course completion you will be awarded the **Practitioner's Diploma in Hypnotherapy** and eligible to gain practitioner insurance and begin practising.



## Accreditation and Designations

Upon successful completion of the Diploma:-

You may use the designation **D. Hyp** after your name.

You will also be entitled to join the **General Hypnotherapy Register** (through the General Hypnotherapy Standards Council) at Practitioner Level.

Through joining the GHR you will be awarded the **General Qualification in Hypnotherapy Practice** and therefore, eligible to add the designation **GQHP and GHR Reg.** after you name.

In addition to the practitioner accreditation through the GHSC, MindWorks is additionally an **Affiliated Training School of the Central Register of Stop Smoking Therapists (CRSST)**. Successful completion of the course also allows graduates to join the CRSST.



## **Book List**

The following is a recommended reading list

The Art of Hypnosis : C. Roy Hunter

The Art of Hypnotherapy : C. Roy Hunter

Lynda Hudson : More Scripts and Strategies in Hypnotherapy

Wordweaving : The Science of Suggestion - Trevor Silvester

Hypnosis for Inner Conflict Resolution : C. Roy Hunter

Thinking Therapeutically : Tom Barber & Sandra Westland

Knowing NLP : Terry Elston

Heart of the Mind : Connirae Andreas, Steve Andreas

Hypnotherapy : Dave Elman

My Voice Will Go With You : Milton H. Erickson

Hypnotic Realities : Milton H. Erickson, Ernest L. Rossi & Sheila L. Rossi

Some of the above books are available from your local bookshop and, all can be found through online book stores.

## **Next Course Dates**

**Course  
commences:-  
Sat 22<sup>nd</sup> & Sun 23<sup>rd</sup>  
April 2023**

Course continues  
over the following  
weekends:-

20/21 May

24/25 June

**\*\*8/9 July (Optional)**

15/16 July

9/10 September

23/24 September

14/15 October

11/12 November

9/10 December

**Should any of the dates above clash with your prior  
commitment/s, please telephone us on 07739 466318 to  
discuss how we can help**

### **Please note: - Limited Spaces**

To maintain quality of training, our courses are run with smaller numbers  
averaging 8-12 learners

**\*\* Optional – additional bonus practical weekend with in-person attendance  
(the venue for this optional weekend will be in the Notts/Derbyshire vicinity and will be confirmed at  
least 2 Calendar months prior to the 8/9 July optional training)**

## **Course Fees Course Commencing Spring 2023**

**Super Early Bird Offer – only for a Limited Time**

**Save over £700 off Standard Payment**

**Book and pay in full – only £1295.00**

The all-inclusive standard cost of the Hypnotherapy Practitioner's course commencing in Spring 2023 is as follows after payment of £195 deposit to reserve your space:-

### **1 instalment – Approx. 10% discount off standard payment**

£1650.00 due no later than Thursday 6<sup>th</sup> April 2023

**(Total balance payable incl. £195.00 deposit - £1,845.00)**

### **3 instalments – Approx. 5% discount off standard payment**

**(Total balance payable incl. £195.00 deposit - £1,950.00)**

£585.00 due by Thursday 6<sup>th</sup> April 2023

£585.00 due by 2<sup>nd</sup> May 2023

£585.00 due by 1<sup>st</sup> June 2023

### **4 instalments – Standard Payment method**

**(Total balance payable incl. £195.00 deposit - £2,025.00)**

£457.50 due by Thursday 6<sup>th</sup> April 2023

£457.50 due by 2<sup>nd</sup> May 2023

£457.50 due by 1<sup>st</sup> June 2023

£457.50 due by 1<sup>st</sup> July 2023

**Practitioner Certification / Assessment fee of**

**£50.00 is due by Sat 11th Nov 2023**

There are no other required costs - other than the recommended text books, everything you will need for the course will be provided.

**As this course runs with smaller limited numbers, either full fee, or a £195.00 deposit is required prior to course commencement to reserve your place**

## Continual Professional Development

Throughout the year, MindWorks will be advising graduates of advanced workshops to consider as options for further development after completing the course.

We run and host many shorter courses/workshops ranging from half-day to 2 days.

Some of our workshops take a deeper dive into areas covered within the Hypnotherapy Practitioner course that you may wish to explore further - others cover additional topics and different approaches.

Current and past workshops/short courses have included:-

- Emotional Freedom Therapy
- Working with Grief
- Mindfulness
- Working Effectively with children and Young People
- Working with Hypnotherapy in Schools
- Journaling for Client work
- Advanced work with Guided Imagery
- Certificate in Integrative Supervision
- Further Exploration with Past Life Regression
- Specialist Approaches with Anger Management
- Approaches working with the concept of the "Inner Child"
- Group facilitation and collaborative working with professionals

## Supervision

Both Continual Professional Development, and Supervision – a supportive process for the therapist – can be accessed at a substantially discounted rate for MindWorks graduates after successful course completion.

We offer both one-to-one and group supervision.

**All MindWorks Lead Tutors are trained and qualified as therapeutic supervisors.**

## Why Choose MindWorks?

- ✓ **To maintain quality of tuition this course is run with smaller groups** averaging between 8-12 learners on each course. We believe that small groups are important for achieving excellence within a practical-based training.
- ✓ **The course fee is highly competitive** and offers excellent value. The fee is a total price and includes all your training, ongoing tutorial support during and after the course.
- ✓ **MindWorks is a well-established training school** - providing professional training in Hypnotherapy for over 25 years. This course draws upon a wealth of information and experience, with constant course updates to reflect new developments.
- ✓ **This course is accredited by the prestigious and well-respected organisation:** - General Hypnotherapy Standards Council (General Hypnotherapy Register).
- ✓ **High standards of tuition in a friendly learning environment.** Course tutors are highly experienced therapists, and **experienced teachers** with backgrounds including teaching/training within the therapy field both in Further Education and the private sector - Carefully planned training sessions include a variety of teaching/learning methods from practical demonstration and practise sessions.
- ✓ **Multi-room breakout sessions** We believe it is important to offer plenty of break-out opportunities for you to practise. Our graduates have fed back how much they value smaller break-out groups when practising.
- ✓ There is **plenty of time for you to practise**, both as practitioner and client. Furthermore, there are several 'Practical Revision' days incorporated within the course which allow you to gain additional practice of your new skills— invaluable preparation for future practice.
- ✓ **Ongoing tutorial support** is offered for as long as you require - during and after the course - by email or telephone.
- ✓ **The course is ideal for self/personal development.** Plenty of interesting and fun techniques/exercises throughout the course are incorporated to encourage personal development.
- ✓ Our **Lead Course Tutors are accredited, qualified therapy supervisors** – well-equipped to offer both formal and informal supervision during and following course completion.
- ✓ **This course provides an integrative approach and covers both practically and theoretically a wide-range of methods to assist many therapy clients** including; Stopping Smoking, Weight Control, Phobias, Stress Management and many others.

## Making your application

Available spaces for the course are allocated on a 'first come, first served' basis following receipt of deposit (or full fee), and submission of a successful application.

### Book Online with Card by Phone/PayPal, or Bank Transfer

Please either print the following application off, (if you prefer an MS Word file version, please contact us) and once completed send electronically (via email) to [info@mindworks-training.com](mailto:info@mindworks-training.com)

You can make payment via Debit/Credit card by phone, or Bank Transfer (please contact us for our account details).

Alternatively, we can email you a PayPal invoice for making payment via PayPal or card.

## Get in Touch and Chat with us

We would welcome you to contact us to arrange time for an informal chat about the course and/or discuss any questions you may have. Telephone **07739 466318** to arrange a suitable time.

We hope we have answered any questions in this Course Guide. If you do have any further questions, or require assistance with making your application, please do not hesitate to contact us:-

## Contact Details

**Jason Fletcher, Principal  
MindWorks**

<b>Phone</b>	07739 466318
<b>Email</b>	<a href="mailto:jason@mindworks-training.com">jason@mindworks-training.com</a>
<b>Website</b>	<a href="http://www.mindworks-training.com">www.mindworks-training.com</a>

## **Application Form (pages 1 of 2) – Commencing – Spring 2023**

Title/Full Name: \_\_\_\_\_  
(incl. middle name/s)

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Post Code: \_\_\_\_\_

Contact Tel No's: \_\_\_\_\_ / \_\_\_\_\_

Email Address: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Occupation: \_\_\_\_\_

Previous  
Occupations: \_\_\_\_\_  
\_\_\_\_\_

How did you hear of MindWorks ? \_\_\_\_\_

Please provide **Name** and **Email** Address of **two Referees** who can provide a Professional or  
Character reference if requested:-

Referee One:-

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Referee Two:-

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Why do you wish to study Hypnotherapy?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

(Continues overleaf.../)



## **Application Form (pages 2 of 2) – Commencing – Spring 2023**

Please list below, to make us aware of any medical, emotional, physical condition or learning challenge you may have, (e.g. diabetes, epilepsy, dyslexia, hearing or sight problems)

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Have you any history of mental illness? If 'yes' please give details – Please circle

Yes / No (please circle as appropriate)

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Have you ever received a conviction for a criminal offence? (If yes, please give details)

Yes / No (please circle as appropriate)

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Are there currently any criminal proceedings against you? (If yes, please give details)

Yes / No (please circle as appropriate)

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***I have made a payment for £195.00 or Full Fee). I have read both this Course Guide and 'Payment Terms and Conditions' thoroughly, and, understand that all course fees are non-refundable - unless the course is full, or, in the unlikely event the course is cancelled,***

***I can confirm that I have read the prospectus thoroughly, and understand that I have been offered opportunity, as outlined in the prospectus, to discuss queries by phone and/or attend an informal meeting to discuss the course further, prior to making this application.***

***I also understand that if requested by the course tutor, I may be required to discuss my application either in person or, via telephone prior to my acceptance on the course.***

Signed: \_\_\_\_\_ Print: \_\_\_\_\_

Date: \_\_\_\_\_

**MindWorks reserve the right not to admit to the course, before or during the course, any person who, in the opinion of the principal, would not be suitable for hypnotherapy training at that time**

**We always respond to every application - please telephone us if you have not been contacted within 7 days of sending your application**

## **Payment Terms and Condition**

### **MindWorks - Hypnotherapy Practitioner's Diploma**

### **Course - Commencing Spring 2023**

Either, a deposit of £195.00, or full fee (OR, first instalment) is required to secure your booking.

In accordance with The Consumer Contracts (Information, Cancellation and Additional Charges) Regulations 2013 You have a right to cancel this agreement within 14 working days of the date you sign the Application Form and Terms & Conditions. To cancel, please first verbally notify MindWorks by phone or in person, then complete the Cancellation Form on the next page and email to Jason Fletcher at [jason@mindworks-training.com](mailto:jason@mindworks-training.com)

If your booking is made less than 14 working days before the course commences, then your right to cancel and receive any refund is waived.

Your final balance, (or first instalment) is due 14 days before the course begins, and once made is non-refundable.

Failure to pay the balance (or agreed instalment) as cleared funds before the course commences will result in your being denied access to the training, and monies paid will be non-refundable.

All course fees are non-refundable and non-transferable.

In the unlikely event the course is cancelled, you will be offered to choose either alternative course dates, or a full refund of course fees paid. MindWorks accept no liability for any consequential or indirect loss.



**MindWorks, Hypnotherapy Practitioner's  
Diploma Course Cancellation Form**

To:  
Jason Fletcher, MindWorks,  
[jason@mindworks-training.com](mailto:jason@mindworks-training.com)

I/We [\*] hereby give notice that I/We [\*] cancel my/our [\*] contract of sale of the following goods [\*]/for the supply of the following service [\*],

Ordered on [\*/received on [\*],

Name of consumer(s),

Address of consumer(s),

Signature of consumer(s),

Date

[\*] Delete as appropriate.

**Data Protection Privacy Notice**

The personal information you have provided on this application form or associated documents will only be used by MindWorks, the Data Controller, in accordance with General Data Protection Regulation 2018 to process your application for Hypnotherapy Training.

The legal basis for processing this information is to consider engagement into a contract.

Your personal information will not be shared with any third party.

If you are unsuccessful your personal data will be retained securely for 6 months after receipt. If you are successful your details will be retained securely for up to 7 years after course completion.

In accordance with GDPR you have a right to:

- Request a copy of the personal information that we hold about you by contacting MindWorks Therapy Training via the contact information further below. Please note that any references that may be provided are exempt and will not be disclosed.
- Request that your personal data be corrected or completed.
- Complain to the Information Commissioner if you feel that your information is not being handled appropriately (<https://ico.org.uk/>)

You may also have a right to:

- have your personal data transferred (data portability).
- prevent automated processing and profiling.
- erasure (also known as the right to be forgotten).
- restrict processing.
- object to processing.

For further details about how your personal information may be used or about your rights under data protection legislation, please contact MindWorks at -

By email: [info@mindworks-training.com](mailto:info@mindworks-training.com)

By Telephone: 07739 466318